

### Alternative Therapies

#### Cancer Treatments and Supplements Breakdown

This list does not include all and every treatment and/or supplement but does give a good overview of some of the most popular ones used today. Use caution when using any of these and I would recommend getting with a healthcare professional that is familiar with alternative/complementary therapies to help guide you.

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#### Selenium

Men and women taking selenium supplements for 10 years had 41 percent less total cancer than those taking a placebo, a new study by Cornell University and the University of Arizona shows. "Although more than a hundred of animal and dozens of epidemiological studies have linked high selenium status [in comparison to] cancer risk, this is the first double-blind, placebo-controlled cancer prevention study with humans that directly supports the thesis that a nutritional supplement of selenium, as a single agent, can reduce the risk of cancer," said Gerald F. Combs Jr., a nutritional biochemist and Cornell professor of nutritional sciences. Prostate, esophageal, colorectal and lung cancer rates were among the most dramatic: patients in the selenium group had 71 percent, 67 percent, 62 and 46 percent reductions in cancer rates, respectively, than the placebo group.

#### Shark Cartilage (See Bovine Cartilage above.)

#### Stabilized Aloe Vera

In laboratory studies, aloe vera gel inhibited angiogenesis - the production of new blood vessels to feed tumors. Studies in test tubes and animals suggest that active substances in aloe leaf extracts (which contain both aloe gel and aloe latex) may have immuno-stimulant and anti-cancer effects. Aloe improves wound healing and inhibits inflammation.

#### Tian Xian

A promising new cancer therapy from China, Tian Xian (pronounced "Dianne Sean") is a cocktail of 15 plant extracts, including ginseng and licorice. It was invented by a young Chinese Professor named Wang Zhen Guo. Tian Xian is described as having won many awards. The active herbal ingredients aims to control, inhibit and possibly destroy cancer cells. It's function is complementary to that of western therapies. Testimonials of cancer survivors are from USA, Japan, Hong Kong, India, China, Philippines, Taiwan, Thailand, and Malaysia. Some can be found in this site, [www.cancer-central.com](http://www.cancer-central.com). More than 20 books have been published detailing

the development and effects of Tian Xian Liquid. The publications, beside English, are available in Chinese, Japanese, Thai and Indonesian. Tian Xian is available on the Internet, but is very expensive.

### **Transfer Factor Plus**

A powerful immune system building complex sold through multi-level marketing. The Transfer Factor Plus advanced formula combines Transfer Factor E-XF™ with a proprietary formulation of innate and adaptive immune system enhancers such as Inositol Hexaphosphate, Cordyceps, Beta Glucans, Maitake and Shiitake Mushrooms. Clinical studies show that Transfer Factor Plus Advanced Formula can increase Natural Killer cell activity up to 437 percent above baseline. Natural Killer cells, or NK cells, are important immune cells that provide a crucial first defense against infectious agents and diseased cells - especially cancerous cells. Many studies have been conducted and published over the years on the effectiveness of this product.

### **Turmeric (See Curcumin)**

### **Ultraviolet Blood Irradiation (UVBI)**

UVBI is an inexpensive treatment involving a simple three-step process. A small amount of the patient's blood is first withdrawn. Then it is exposed to a stream of ultraviolet light (UV). Finally, the blood is slowly returned to the bloodstream. The irradiated blood circulates throughout the body destroying bacteria, inactivating toxins and viruses, and enhancing the immune system. The reason for this phenomena is not clearly understood. UVBI can be used as part of a treatment plan for colds/influenza, acute and chronic sinusitis, bronchitis, cancer, emphysema, HIV, chemical sensitivity, fibromyalgia / chronic fatigue, autoimmune diseases, tendonitis, and even heart disease. Another application of this blood withdrawing / returning procedure is called Autohemotherapy, which has been used successfully, mostly throughout Europe, for over 50 years. Blood is withdrawn from the arm, infused with Ozone and then returned to the body. Autohemotherapy may help regulate the immune system and decrease inflammation.

### **Virginia Livingston therapy**

Developed by Virginia Livingston-Wheeler, a U.S. medical doctor, this complex vaccine and nutrition-based cancer therapy assumes that cancer is caused by Progenitor cryptocides, a bacterium said to become active only when the body's immune system is weakened or stressed. Livingston-Wheeler discovered Progenitor cryptocides during the 1940s. In the following decade, she developed her theory that cancer is caused by this bacterium and then developed a vaccine against it. In 1969, she founded what is now the Livingston Foundation Medical Center in San Diego. In the years since then, this center claims to have treated more than 10,000 patients. Livingston-Wheeler died in 1990, but her clinic continues to offer the Livingston protocol to about 500 patients a year.

### **VG-1000**

A specialized vaccine developed by Dr. Valentin I. Govallo, MD, PhD, which undermines a cancer cells defense mechanisms. This vaccine is most beneficial in treating carcinomas and melanomas, and it is also indicated for some sarcomas (cancers of muscle, bone, and connective tissue) and in leukemia. Those patients recently subjected to chemotherapy and / or radiation respond more slowly to VG-1000 as they have a depressed immune system. However,

patients who have had neither radiation nor chemotherapy respond quite favorably. Thus VG-1000 is clearly indicated as a first-line treatment for persons with recently diagnosed cancers. Additionally, it helps prevent recurrence. This treatment is now available at two specialized facilities in North America, The Immuno-Augmentative Clinic in Freeport, Grand Bahamas, and also CHIPSA's - Center for Integrative Medicine in Baja California, Mexico.

### **Vitamin C (high dose)**

Vitamin C is one of your body's best friends. Due to a curious twist of fate in evolution, human beings along with a small handful of other mammals cannot make their own Vitamin C. All other mammals on earth can in any amount they require. We need to get our essential Vitamin C any way we possibly can. Its uses in the body seem endless and it is vital to a healthy immune system.

### **VIBE Machine**

Healthy cells, according to Nobel prize winner Otto Warburg, have cell voltages of 70 to 90 millivolts. Due to the constant stresses of modern life and our toxic environment today, cell voltage tends to drop as we age or get sick. As the voltage drops, the cells are unable to maintain a healthy environment within themselves. If the electrical charge of a cell drops to 50mv, a person can become chronically fatigued and may get sick often. If cell voltage drops to 15mv, the cells becomes diseased. The Vibe Machine is a 4ft.x2ft.x2ft device that gives off certain frequencies of energy that restores our cells to healthy operational potential, when used over time. A person simply sits in front of the device 2 to 10 minutes a day. Certain universities and federal government agencies are now conducting formal studies regarding its unique ability to restore health. It has been effective for animals - even those with cancerous conditions, including large tumor formations.

### **Wigmore therapy (Anne Wigmore 1909-1993)**

Wheatgrass juice and sprouts are the basis for the Anne Wigmore regimen, which she originally devised to cure her own cancer. For decades thereafter, she was successful in helping others using the same approach. The Wigmore diet focuses primarily on live foods. Wigmore felt that raw vegetables held more nutrition than when cooked and were without the chemical additives that processed foods hold. Her therapy is still practiced at the Hippocrates Institute in West Palm Beach, Florida. It has also been adopted by a number of alternative health care practitioners as the basis for their treatment.

### **Zeolite**

Zeolite is a remarkable volcanic mineral that has proven to be highly effective destroying cancer cells. It is available in two forms: Liquid zeolite, and a powdered micronized zeolite. Both address two basic issues in cancer therapy: They are powerful detoxifiers and improve the alkalinity of the body. Plus they activate the so-called P21 gene which tells a cancer cell to die. In a 14 month study, liquid Cellular Zeolite proved to be a remarkable cancer fighter. 65 people with mostly stage 4 cancers, who had a prognosis of about 2 months to live were given liquid zeolite and at the end of the study, 51 people were completely cancer free, and six more were alive but still fighting cancer. This is a 78% cure rate for terminal cancer, a remarkable 89% overall survival rate.

