

### Herbals & Nutraceuticals Products & Info

[A-B](#) | [C-F](#) | [G-I](#) | [J-P](#) | [Q-Z](#)

#### **Garlic (Allicin)**

Helps boost immune function and has a variety of beneficial effects on overall health.

#### **Germanium GE-132**

Medical research conducted in Japan has found that Ge-132 can induce gamma-interferon and activate macrophages and natural killer cells. Other results were reported showing beneficial effects on malignancies and rheumatoid arthritis.

#### **Ginkgo Biloba**

Numerous studies have detailed the efficacy of Ginkgo biloba extract (GBE) for a wide variety of conditions. GBE has been reported to increase circulation to the brain and thus help with cases of dementia, Alzheimer's disease, memory loss, concentration problems, vertigo, tinnitus, and dizziness. Peripheral vascular diseases, numbness, and tingling have also been helped by GBE.

#### **Ginseng**

Its purported effects include improved mental performance, ability to learn, and memory and sensory awareness.

#### **Glucosamine Sulfate**

Joint disk repair.

#### **Golden Seal**

Goldenseal root has been used by Native American healers for a wide range of ailments. The Indians used goldenseal for local inflammations and infections.

### **Gotu Kola**

Known for its calming effects as well as for improving concentration. This duality occurs because gotu kola affects both the central nervous system and the brain. Also helpful for skin problems, memory and wound healing.

### **Grapeseed Extract**

Strong antioxidant and Flavanoid.

### **Graviola (leaf)**

The leaves are used to treat, cleanse and support the liver, treat catarrh, help rid one of worms, anti-diarrhetic, anti-asthmatic and aid in digestion.

### **Green Tea Extract**

polyphenol & Catechin; major antioxidant.

### **Green Lipped Mussel**

Green Lipped Mussels are a highly nutritious source of protein, vitamins, and trace minerals. In addition, green lipped mussels are an important source of mucopolysaccharides and the free-radical scavenging enzyme, superoxide dismutase, SOD.

### **Guggul**

Indian ayurvedic herb; may help decrease bad cholesterol levels.

### **Gymnema Sylvestre**

An Indian herb known for centuries to help the body maintain a feeling of well being. Known as GURMAR, in Hindu the word means "Sugar eliminator." could be good help for diabetic patients.

### **HGH (Human Growth Hormone)**

Homeopathic way for helping anti-aging process. \* use caution.

### **HMB (Beta hydroxy-beta-methylbutyrate)**

HMB (beta hydroxy-beta-methylbutyrate) is a metabolite of the essential amino acid leucine (one of the branched-chain amino acids - BCAA). As with other amino acid-related substances, HMB appears to play a role in the synthesis of protein, including the protein that builds new muscle tissue.

### **Huperzine A**

A natural compound isolated from the club moss, *Huperzia serrata*. It is Chinese folk medicine and has been used for centuries to improve memory, focus and concentration and to help alleviate memory problems among the elderly.

### **IGF (insuline Like Growth Factor)**

Insulin-like Growth Factor-1 (IGF1) is released by many different tissues throughout the body and affects almost every cell to some degree.....

### **IP-6**

Inositol Hexaphosphate, Phytate, Phytic Acid. IP-6 is a naturally occurring component of plant fiber that may possess antioxidant, anticancer, and other beneficial properties

[Continue J-P](#)