

### Herbals & Nutraceuticals Products & Info

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#### **Pau D'arco (La Pacho)**

Its main active principles are lapachol, quercetin and other flavanoids. It is available in tea and pill form. The herbal remedy is typically used during flu and cold season. It apparently works as an expectorant and has a drying effect. Many use this for fungal issues as well.

#### **Pine Bark Extract (Pycnogenol)**

Pine Bark extract is a bioflavonoid- rich, potent extract which is used for fighting free radicals and maintaining capillary health. It is very similar to grape seed extract, with a high content of proanthocyanidins.

#### **Policosanol**

Policosanol is a mixture of fatty alcohols derived from the wax of sugar cane. These active substances work to lower cholesterol levels by several mechanisms including blocking the formation of cholesterol in the liver.

#### **Progesteron & Phytoestrogen**

Hormone like, woman's supplement for a variety of uses.

#### **Pygeum**

Prostate protector

#### **Quercetin**

Has anti-inflammatory, antiviral and antitumor properties. Quercetin inhibits the release of histamine and other inflammatory mediators from mast cells, basophils, neutrophils and macrophages. Its antioxidant action reduces damage from compounds that are released.

### **Red Yeast Rice**

Red yeast is intended to provide nutritive support to help maintain healthy cholesterol levels. It has been shown that red yeast rice contains compounds which are responsible for healthy cholesterol synthesis in the liver.

### **Reishi Mushroom**

Boosts immune function and helps with infections, colds and flu.

### **Ribose**

Found in all living cells. Ribose is the starting point for adenosine triphosphate (ATP), the energy "currency". Ribose is the part of the metabolic pathway leading to ATP production in the presence of oxygen.

### **Royal Jelly**

High in B-complex vitamins, is the natural source of acetylcholine. Good for bronchial asthma, liver, pancreatitis, insomnia disorders, ulcers, kidney disease and more.

### **SAM-e or SAM (S-adenosylmethionine)**

Is found in every cell in the body and has a wide range of functions. It is a methyl donor for the synthesis of RNA, DNA, and neuro-transmitters. It is the precursor for cysteine, taurine, and glutathione. Used for depression, liver conditions (protects it), fibromyalgia, heart disease, neuropathy and known to help in the aging process.

### **Saw Palmetto**

Prostate Protector

### **Shark Cartilage**

The proteins contained in appear to inhibit the development of new blood capillaries needed to feed a fast growing tumor. Other processes are involved, such as the inhibition of cell division and immune system stimulation.

### **Shark Liver Oil**

Immune System builder

### **Shitake Mushroom**

Immune system booster.

### **SOD (Superoxide Dismutase)**

Is an enzyme, it revitalizes the cells and reduces the rate of cell destruction. It removes the most common free radicals.

### **Spirulina**

Considered a food source; contains GLA, Linoleic acids, high amount of B-12, high iron and protein content, essential amino acids, RNA & DNA nucleic acids and chlorophyll.

### **Tea Tree Oil**

Used to treat fungal infections, gingivitis, dandruff and a plethora of other ailments.

### **Triphala**

A combination of three fruits: Amalaki, Bahira, and Haritaki. It is a highly effective, yet gentle laxative that rejuvenates the membrane lining of the digestive tract and helps reduce inflammation as well as support the liver.